



968 N. 9th St. Laramie, WY 82072 307-223-4399 [www.feedinglaramievalley.org](http://www.feedinglaramievalley.org)

### **Information Needed for the Seedling Foster Care Program**

Please send the following information to [blake@feedinglaramievalley.org](mailto:blake@feedinglaramievalley.org) and [lyric@feedinglaramievalley.org](mailto:lyric@feedinglaramievalley.org) once completed. Thank you!

#### Supplies:

1. Do you have all the supplies and instructions needed to start seedlings? The supplies include: seeds, soil, small containers to grow seeds, and water.

- Yes, I have the supplies needed to start seedlings and I have started seedlings before. Therefore, I do not need help or have any questions. I will keep in close communication with Feeding Laramie Valley on its progress.
- Yes, I have the supplies needed to start seedlings, but I have not started seedlings before and have questions and would like help.
- No, I do not have all of the supplies needed to start seedlings. I need the supplies donated to me and would like help.

#### Seedlings:

2. What seedlings will you be starting for Feeding Laramie Valley? From the list below, plants are in descending order of what seedlings we need most, to what seedlings we need least (E.g. we need more tomato seedlings than okra seedlings). Although these types of seedlings are preferred, Feeding Laramie Valley will accept seedlings of any non-direct seed vegetable and variety. It is preferred that seedlings are at least five inches tall at the time of drop-off. Please indicate the seed variety name of your seedling(s) when you bring them in. Thanks!

- Tomatoes (Seeds can be started anytime between early March to the end of May)\*
  - Suggested seed varieties: Sasha's Altai and Big Boy/Better Boy.
- Bell peppers (Seeds can be started anytime between early March to the end of May)\*
  - Suggested seed varieties: Early Crisp and King of the North.

- Broccoli (Seeds can be started anytime between early April to the end of May)
  - Suggested seed varieties: Green Goliath and Bonanza.
- Cauliflower (Seeds can be started anytime between early March to the end of May)
  - Suggested seed varieties: Early White and First White.
- Brussel sprouts (Seeds can be started anytime between early April to the middle of May)
  - Suggested seed varieties: Jade Cross and Long Island Improved.
- Cabbage (Seeds can be started anytime between early March to the end of May)
  - Suggested seed varieties: Red Acre and Golden Acre.
- Okra (Seeds can be started anytime between early April to the end of May)
  - Suggested seed varieties: Cajun Delight and Annie Oakley II.

\*Tomatoes and peppers are planted earlier than the other varieties, so it is preferred that these are dropped off the last week of May or the first week of June, but we will still accept tomato and pepper seedlings through the end of June. All others will be accepted to the end of June.

Start Date:

3. Please fill in what type of seeds you are going to plant and the date you plan to start your seedlings.

Type of Seedling / Variety	Date Seedlings were Planted	Number of Seedlings
<i>Example: Tomato / Big Boy</i>	<i>Example: April 10, 2021</i>	<i>Example: 10 seedlings</i>

End Date:

4. When your seedlings are ready to be “adopted” by Feeding Laramie Valley, please coordinate with Lyric and Blake, Project Leads, at [growingfood@feedinglaramievalley.org](mailto:growingfood@feedinglaramievalley.org) on a date and time to drop off your seedlings to our building at 968 N. 9th St., Laramie, WY 82072. You may also call our office at 307.223.4399.

Thank you for your generous service in growing food for our community!